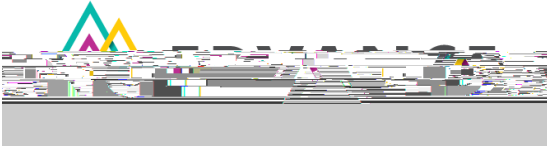


2024/25

The purpose of this working group is to create a space where everyone in a role in education can learn together, engage in discussions, enhance their know T#(, 1 er)0.00000#2 0 612 7# re725 0.2wether, engage



<p>Session 3</p>	<p><u>Mental Health 101: part 1:</u> - Tricia Schinkel</p> <p>What is mental health and why is it so important in Christian Schools? The Educators Role in supporting mental health at school Creating mentally healthy classrooms that are grounded in faith</p>
<p>Session 4</p>	<p><u>Mental Health 101: part 2</u> - Tricia Schinkel</p> <p>Common Mental health Concerns for students and how educators can respond Practical Strategies for incorporating Mental health literacy into classrooms</p>
<p>Session 5</p>	<p><u>Understanding Neurodiversity in the classroom:</u> - Wynie Dearlove & Shelby Boekhoven (SCCS)</p> <p>Understanding and supporting neurodivergent learners within the school setting - how does neurodiversity impact a student's confidence and capacity to learn and develop positive relationships within their peer group.</p>
<p>Session 6</p>	<p><u>Faith Based Zones of Regulation</u> - Alaina Vanderleuw (School Counsellor at Halton Hills Christian)</p> <p>Learn how to apply Biblical understanding to the Zones of Regulation</p>
<p>Session 7</p>	<p><u>Self - Care: preventing burnout</u> - Tricia Schinkel (School Counsellor at Calvin Christian)</p> <p>This time of year can be stressful for educators. Take the time in this workshop to pause and re-set so that you can end the year well and prevent burnout.</p>